

## GLUTEN FREE MENU

Christmas Lunch, Bistro 516, Valletta Waterfront

16 ta' Diċembru 2023, 12:30 pm

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### STARTERS

#### Bruschetta Mia

Toasted Gluten Free Bread, Chopped Tomatoes, Black Olives, Onions, Basil, Capers & Melted Mozzarella

OR

#### Mushrooms In Garlic

Fresh Mushrooms cooked in Garlic, White wine, Fresh Parsley, Fresh Tomatoes with a touch of Olive Oil & Toasted Bread

OR

#### Soup of the day

Fresh Soup of the day with Gluten Free Bread

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### MAIN COURSE

#### Grilled Swordfish

Fresh Swordfish, flavoured with lemon and garlic, served with caper sauce, crispy salad and French fries

OR

#### Angus Beef Burger

Angus Beef Patty served with Caramelised Onion, crispy Salad and French fries

OR

#### Chicken Due Gusti

Fried battered Chicken Goujons, served with Orange and Mushroom sauce, white Rice, Grilled Vegetables and French fries

OR

#### Aromatic Duck

Marinated Duck Breast, served with Orange Sauce, Grilled Vegetables and French fries

OR

#### Ravioli Chicken

Ravioli stuffed with chicken, carrots, leeks, fresh sage, carob flour and olive oil, served with mushroom cream sauce

OR

#### Rice Paella

Fried rice with mussels, prawns, wudy sausage, coloured peppers, peas, turmeric, garlic, onions and lemon

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### DESSERT

#### Minced Pie

OR

#### Christmas Cake

OR

#### Ice cream

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### BEVERAGES

Drinks need to be ordered and individually paid for

**Kids Menu**

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**MAIN COURSE**

**Chicken Nuggets & Fries**

**OR**

**Angus Beef Burger**

**OR**

**Penne Ham Cream**

**OR**

**Spaghetti Tomato Sauce**

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**DESSERT**

**Cake of the day**

**OR**

**Ice cream**

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**BEVERAGES**

Soft Drink or Juice

Additional drinks need to be ordered and individually paid for

**Formola biex tibbukja**  
**Booking Form**

**Christmas Lunch, Bistro 516, 16 ta' Diċembru 2023, 12:30pm**

Isem tas-Coeliac li qed tibbukja/jibbukja:

*(Name of Coeliac making booking):*

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Numru tas-sħubija/ID Card:

*(Membership or ID card number)*

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Ismijiet tal-persuni li se jattendu:

*(Names of persons attending)*


Ma' min tixtieq toqgħod:

*(Sharing a table with)*


**Għażla tal-ikel (immarka x'tixtieq)**

**Food choices (insert your choices)**

Isem (name)	Menu tal-adulti												
	Starter			Main						Dessert			
	1	2	3	1	2	3	4	5	6	1	2	3	
<i>Example</i>	x				x						x		

Isem (name)	Menu tat-tfal					
	Main				Dessert	
	1	2	3	4	1	2
<i>Example</i>		x			x	

**Jekk jogħġbok, avżana jekk għandek bżonn ta' xi dieta partikolari oħra**  
*(Please indicate any other dietary requirements other than those shown)*

**Rendikont:**

*(Summary)*

Numru ta' adulti:

*Number of adults*

@ €27.00

=

€

Numru ta' tfal bejn il-5 u l-11-il-sena:

*Number of children between 5 and 11 years*

@ €10.50

€

Ammont dovut  
*(Total amount due)*

€

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**Tista' tibgħat din il-formola (You can send this form by):**

**Email:** [info@coeliacassociationmalta.org](mailto:info@coeliacassociationmalta.org)

**Post:** Coeliac Association Malta, PO Box 72, 42, Triq Rodolfu, Tas-Sliema SLM 1275

**Il-ħlas jista' jsir permess ta':**

**Ċekk pagabli lil (Cheque payable to)** Coeliac Association Malta

*JEW/OR*

**Trasferiment Bankarju lil (Bank Transfer to):** Coeliac Association Malta

**BANK:** BANK OF VALLETTA plc

**IBAN:** MT05 VALL22013 000 0000 4002 3463833

Permezz ta' **BOV MOBILE TO MOBILE** fuq numru **7981 5671**

**Mhux aktar tard mill-Erbgħa, 13 ta' Diċembru 2023** (*Bookings by not later than **Wednesday, 13<sup>th</sup> December 2023***)