

The Gluten Free Products' List covered by the *Coeliac Scheme* includes products made from naturally GF items and made in a way that can be labelled 'gluten free' and fall under the staple food list (Healthy Eating Booklet -- <https://health.gov.mt/en/poyc/Pages/Home.aspx>).

**B**aking Powder

Bases

Biscuits Plain/Flavoured

Breadcrumbs

Breads [e.g. loaves, sliced bread, rolls, baguettes, buns, focaccias, bagels, wrap, pitta bread]

Breakfast Cereal

**C**akes

Cereal bars

Couscous

Crisp / Cracker Bread

Crackers

Croutons

**D**ough

**F**lour

**M**uesli

Muffins

**N**oodles

**O**ats

**P**asta

**P**orridge

**S**oups

**X**anthan gum

**Readymade Gluten Free labelled foods/meals:**

Canelloni

Chicken fingers/nuggets/cakes

Fish fingers/nuggets/cakes

Lasagne

Pizza with topping

Ravioli

Tortellini

**All types of Chocolate related products and Alcoholic / Non Alcoholic beverages are EXCLUDED from the Scheme**